# Spin gymnastics

- Spin packets
- RF pulses
- The rotating frame
- Signal detection
- Magnetic field gradients
- Spin echoes



## Spin packet - isochromat



#### Free precession

cf. spinning top

$$\frac{\mathrm{d}\mathbf{m}(t)}{\mathrm{d}t} = -\gamma \mathbf{B}_0 \times \mathbf{m}(t)$$
$$\omega_0 = -\gamma B_0$$



# Radiofrequency (RF) field, **B**<sub>1</sub>

- Magnetic field B<sub>1</sub>
   (B<sub>1</sub><<B<sub>0</sub>) rotating in *xy*-plane with frequency ω<sub>RF</sub>
- Produced by the RF coil



#### Resonance

- **m** tilted from z-axis if  $\omega_{\rm RF} \approx \omega_0$
- Resonance!

freq. of perturbation = some natural freq. of the system

$$\frac{\mathrm{d}\mathbf{m}(t)}{\mathrm{d}t} = -\gamma \mathbf{B}(t) \times \mathbf{m}(t)$$
$$\mathbf{B}(t) = \mathbf{B}_0 + \mathbf{B}_1(t)$$



#### Rotating frame - lab view

 Reference frame rotating in *xy*-plane with frequency ω<sub>RF</sub>



seen from the lab

## Step into the rotating frame

 Motion of m appears simpler: rotation of m around B<sub>1</sub> with freq. ω<sub>1</sub>

> $\omega_1 = -\gamma B_1$ nutation frequency,  $\omega_1$



seen from the rotating frame

rotating frame often used implicitly

# **RF** pulse

 Short burst of RF radiation (a few μs)

 $\alpha = \omega_1 t_{\rm RF}$ 

nutation angle,  $\alpha$  pulse length,  $t_{\rm RF}$ 

flip angle (- $\alpha$ ) **RF** phase (i.e. axis of rotation in the rotating frame) Calculate the Cartesian components of the magnetization after the following RF pulses applied to thermal equilibrium magnetization: a)  $90^{\circ}_{x}$ b)  $90^{\circ}_{y}$ , c)  $180^{\circ}_{x}$ d)  $180^{\circ}_{y}$  What RF pulse would give the following rotation: a)  $(1, 0, 0) \rightarrow (-1, 0, 0)$ b)  $(1, 0, 0) \rightarrow (0, 0, 1)$ c)  $(1, 0, 0) \rightarrow (0, 1, 0)$ 

## Macroscopic magnetization, M

$$\mathbf{M}(t) = \int \rho(\mathbf{r}) \mathbf{m}(\mathbf{r}, t) d\mathbf{r}$$

time, tposition, **r** spin density,  $\rho$ 

integral over entire sample



# Signal detection

Rotating magnetization
 => alternating voltage
 in the coil

$$S \propto M_{xy}$$

signal, *S* transverse magnetization,  $M_{xy}$ 



## Detection in the rotating frame



• Real and imaginary parts of the signal S correspond to  $M_x$  and  $M_v$  in the rotating frame

$$S(t) \propto M_x(t) + iM_y(t)$$



• Different  $\Delta \omega_0$  for spin packets experiencing different  $B_0$  or  $\sigma$ 



## Refocusing by 180° pulses

Spin echo!

Sketch S(t)



#### Spin echo pulse sequence

- a.k.a. Hahn echo
- T<sub>2</sub> measurement
- 90° τ 180° τ acq



#### Magnetic field gradients, G

Inhomogeneous magnetic fields

gradient vector  

$$B_{0}(\mathbf{r}) = B_{0}' + \mathbf{G} \cdot \mathbf{r}$$
homogeneous component  

$$B_{0}(z) = B_{0}' + Gz$$

$$\omega_{\mathrm{RF}} = -\gamma B_{0}'$$

$$\Delta \omega_{0}(z) = -\gamma Gz$$

#### Spin evolution in a gradient

 $\Delta \omega_0(z) = -\gamma G z$ 



# Under what conditions would the spins behave in the following way?

